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# **Policy & Procedure**

Company:	Delta Dental	Department Name:		Dental Management		
Subject:	Dental Clinical Practic	tal Clinical Practice Guidelines				
P & P Original Effective Date:	3/27/2014	P & P Origination Date:	3/27/2014	P & P Published Date:	03/27/2014	
P & P Revision Effective Date:	1/27/2017	P & P Revision Published Date:		01/31/2017		
Reference Number:	ADM76	Next Annual Review Date:		1/27/2018		
Division:	Policies & Procedures					
State (select all boxes applicable to this policy)         ⊠ Alaska       ⊠ California         ⊠ Oregon       ⊠ Washington         Product (check all boxes applicable to this policy)         ⊠ Dental       □ Medical         □ Pharmacy       □ Other						
Type of Business (check all boxes applicable to this policy)						
🖾 Commercial Group 🖾 Commercial Individual 🖾 Exchange Business 🗆 EOCCO 🖾 OHP 🗆 Medicare						
Self-funded  Other						

## I. Policy Statement and Purpose

ODS uses clinical practice guidelines to develop criteria for determining treatment and services that are within the necessary and customary standards of dental care for the prevention and treatment of oral tooth decay or fracture. These guidelines are also used for quality improvement projects and oral health promotion.

## II. Definitions

**ODS Clinical Practice Guidelines** – A criteria to determine standards of dental care.

## III. Procedures

A. Guideline Resources

Delta Dental and ODS identifies dental clinical practice guidelines using a number of widely accepted resources, including:

- 1. American Dental Association
- 2. American Association of Oral Maxillofacial Surgeons
- 3. American Academy of Periodontists
- 4. American Academy of Pediatric Dentists
- 5. American Association of Endodontists
- B. Dental Administrative Policy Committee The ODS Dental Administrative Policy Committee (DAPC) meets as needed to:

- 1. Review major claim administration policy changes
- 2. Review dental policy
- 3. Review ODS Dental Clinical Practice Guidelines annually or bi-annually

The membership of the DAPC includes representation from the following areas:

- 1. Dental Director
- 2. Dental Claims and Customer Service
- 3. Dental Professional Relations
- 4. Dental Consultants
- 5. Appeal Unit
- C. Guideline Usage and Approval

The Dental Director, Dental Claims Manager, Dental Consultants and/or Screening Supervisors review and approve guidelines.

D. Review and Revision

Guidelines are reviewed annually to ensure that the most recent version is incorporated into the various Delta Dental and ODS Dental department functions and services. Refer to attached for a list of ODS developed dental clinical practice guidelines.

E. Dissemination Process

When the ADA updates the CDT procedure codes and clinical guidelines, or OHP has a change in benefits for processing guidelines, ODS sends updates to its providers via Dental Office Update [newsletter] or via email or letter. ODS also holds annual workshops with its dentists to share updates during those meetings. In addition, the Moda website section for providers features "Clinical information for Consultant Review"; this file contains guidelines for submission on select Dental procedures.

## F. Monitoring

Delta Dental and ODS monitors practitioner use of clinical practice guidelines by:

- Having Delta Dental and ODS Dental Consultants review pre-determinations and claims for payment with procedures requiring specific clinical criteria to ensure appropriate clinical decisionmaking and appropriate treatment
- 2. Contracting with an external vendor to review Delta Dental and ODS dental claims data
  - a. The program analyzes claims for inappropriate codes to ensure services are clinically acceptable and appropriately applied
  - b. The program alerts ODS of providers with potential issues requiring focused reviews
  - c. ODS monitors these providers and requests chart notes when appropriate

#### IV. Related Policies & Procedures, Forms and References

#### V. Revision Activity

New P & P / Change / Revision and	Final Review /	Approval date	Effective Date of
Rationale	Approval		Policy / Change
Refer to UPM Coordinator for revision history			

prior to 11/09/2015			
11/09/2015 – Updated template; annual	Karen Nolon	10/27/2015	10/17/2015
review updates			
Per DEN Req #185, from Andrey Kolesnikov,			
dated 10/29/2015			
05/24/2016 – Complete update of	Karen Nolon	05/20/2016	05/20/2016
Dissemination Process section.			
Per DEN Req #91, from Missy Runyon, dated			
05/20/2016			
01/31/2017 – Added "Delta Dental"	Karen Nolon	01/27/2017	01/27/2017
Per DEN Req #350, from Li Yun Xu, dated			
01/27/2017			

# VI. Affected Departments: