



## GET THE MOST FROM YOUR DENTAL BENEFITS

Personalized tools for your oral health

DentalOptimizer™ is a free resource on myODS, your personal member website for managing your plan benefits and exploring healthcare resources. DentalOptimizer enables you to assess your risk level for oral health concerns and use that assessment to learn about reducing your risks and treatment costs.

### RISK ASSESSMENT

A simple and confidential online survey will ask questions about the state of your oral health in order to identify your risk level for tooth decay and other oral health issues. The survey inquires about issues such as cavity history, current prescription medications and more.

### DENTAL HEALTH SUGGESTIONS

Your survey answers will build an oral health profile, which is used to suggest steps that you can take to improve your oral health and reduce your risk level for serious health conditions. This information can then be used to communicate more effectively with your dentist, who can provide additional guidance.

### SAVINGS OPTIMIZER

Most dental treatments are planned in advance with your dentist. This tool helps you estimate what the costs of your care might be and what steps you can take to reduce your costs in the future.



### FREE RESOURCES ONLINE

- Log in to your **myODS** account at [www.odscompanies.com/members](http://www.odscompanies.com/members)
- Click on the **myHealth** tab
- Click on the **DentalOptimizer** icon

