



eviCore Solutions

Moda Health (Moda) has partnered with eviCore healthcare (eviCore) on a variety of solutions to ensure patients get the right care when and where it's needed. Each program uses evidence-based medical guidelines to help patients avoid unnecessary tests, treatments, or procedures that research has shown are ineffective or dangerous, not to mention costly. eviCore's guidelines are based on information from medical societies like the American College of Radiology and the American College of Cardiology and the latest peer-reviewed medical journals.

eviCore Solution



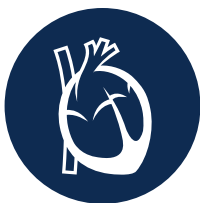
Radiology/Advanced Imaging

The Challenge

- **20%-50%** of all imaging tests may be redundant or unnecessary.
- The radiation dose from a single CT scan can be **100-500 times** higher than a chest x-ray.

eviCore Benefit

Ensures that requests for many common radiology tests, such as CT scans, MRIs, PET scans, and nuclear medicine tests, meet the latest evidence-based medical guidelines.



Cardiology

- **30%** of cardiac stress tests with imaging are ordered inappropriately, which costs approximately **\$500 million** and may lead to more than **490** future cancer cases per year.

Ensures that the use of cardiac imaging tests, diagnostic services, and implantable devices is always appropriate.



Musculoskeletal (MSK)

- **About half** of Americans over 18 are affected by an MSK condition each year, and clinical studies demonstrate frequent low-quality outcomes for MSK treatments.
- For example, spinal-fusion surgery is no more successful than alternative nonsurgical treatments, such as supervised exercise and therapy.

Provides evidence-based programs for spine surgery, large joint surgery, interventional pain management, implant management, and specialized therapy management (including chiropractic, physical therapy and acupuncture services).

1. From eviCore video (<https://www.evicore.com/solution/pages/radiology.aspx>)

2. Ibid
 3. <https://www.healio.com/cardiology/imaging/news/online/%7B3b00ab09-1e4e-4b3c-bd13-dc9501a71211%7D/inappropriate-use-of-cardiac-stress-tests-with-imaging-linked-to-excess-costs-harm>
 4. <http://www.boneandjointburden.org/>
 5. <https://www.nytimes.com/2016/08/04/upshot/the-right-to-know-that-an-operation-is-next-to-useless.html?mabReward=CTM>

